

## VMC ED COVID19 Guidance

March 19, 2020 10pm

1. All ILI respiratory patients should wear surgical masks
2. COVID tests can be ordered without public health calls for stratification
  - a. Type in "COVID" in Epic, tests are sent out to Stanford
  - b. \*\*Please call public health for high risk discharges (see below)\*\*
3. **If patient arrives in extremis** (presume COVID positive)
  - a. ATTENDINGs only! NO residents, NO med students
  - b. Caution with full sep1 fluid bolus if in septic shock
  - c. Full PPE: N95, face shield, gowns, gloves [full contact/airborne/droplet]
  - d. If respiratory support required:
    - i. Use CAPR
    - ii. First line: non-rebreather
    - iii. Go straight to ETT if NRB insufficient - prefer video laryngoscopy!
    - iv. Do NOT use bipap, HFNC, or other non-invasive measures
      1. [NIPPV only if absolutely sure CHF and not infectious cause]
4. **Admissions:** COVID risk stratification considerations
  - a. Once COVID ordered, pt becomes "Airborne isolation"
  - b. LOW: H&P without signs/symptoms prompting pretest probability for COVID
    - i. No COVID test
    - ii. Surgical mask for patient PRN
    - iii. Droplet precaution PRN
  - c. HIGH: patient with ILI and being admitted or anyone in "extremis"
    - i. TEST for COVID
    - ii. FULL isolation: contact, airborne, droplet
5. **If pt can be discharged home**
  - a. All ILI should be DROPLET during ER visit with surgical mask
  - b. Only evaluate symptomatic ILI for COVID if:
    - i. Healthcare worker with known exposures
    - ii. Receiving chemotherapy infusion therapy
    - iii. ESRD on HD
    - iv. High risk living situations (homeless, incarceration, SNF)
  - c. If suspected or tested, do not keep in ER for results, DISCHARGE
    - i. Will be contacted if positive
    - ii. Self Isolation Guidance:
      1. If not tested or COVID negative, self isolate **until 72 hours after symptom resolution**

2. If COVID positive, self isolate for **14 days after positive test result** or **7 days after symptom resolution**, whichever is longer
- iii. Discharge instructions
  1. **.covid19patientinfo** dot phrase for instructions available in multiple languages (spanish/vietnamese)
  2. [SCC Suspected Case Discharge Instructions](#)
  3. [SCC Confirmed Case Discharge Instructions](#)
- d. If discharging back to high-risk setting
  - i. Immunocompromised/high risk people at home
    1. Offer “small supply” surgical masks for pt/family PRN
  - ii. **Discharging to congregate setting (jail, homeless shelter, SNF/rehab)**
    1. Call **Public Health Provider Line** for a PUI number to facilitate expeditious turnaround from public health lab
      - a. 408-885-4214 (8a-5p) option 3
      - b. 408-998-3438 (after hours line)
    2. Ensure that discharge setting can isolate patient appropriately until results obtained
      - a. If not, contact SW/CM for assistance

#### 6. Health Provider testing (for exposures)

- a. Providers should universally use surgical masks
- b. If provider develops ILI, get tested in Express Care for COVID and self isolate
  - i. If COVID-, continue isolation until ILI sx resolve
  - ii. If COVID+, isolate 14+ days
- c. Exposure risk stratification
  - i. Exposure = Less than 6 feet, for greater than 2 minutes

|           | Provider + mask | Provider - mask  |
|-----------|-----------------|------------------|
| Pt + mask | Low risk        | Med risk         |
| Pt - mask | Med risk        | <b>HIGH RISK</b> |

\*Mask = surgical mask

- d. Clearance for work
  - i. **Low risk:** continue routine work
  - ii. **Medium risk:** okay to work with surgical mask x14 days [or COVID negative test]
  - iii. **High risk:** 14 day home isolation

\*\*\* **Items available in physician lounge** [Group use; individual diversion strongly discouraged]

- Hand sanitizer
- Saniwipes
- Small supply N95s and surgical masks
  - If you need N95s, ask a nurse, they will get it from lockdown

**Additional Resources**

1. Healthcare Provider Information
  - a. [Santa Clara County COVID19 Provider Information Page](#)
  - b. [CDC COVID19 Healthcare Professional Guidance](#)
2. PPE
  - a. [CDC PPE "Supply Optimization" Strategies](#)
  - b. See HealthLink EPIC Covid-19 dropdown for “PPE Usage” and “PPE Don-DoFF”
3. Patient Guidance
  - a. [CDPH Self Isolation Guidance](#)
  - b. [County FAQ about COVID shelter-in-place](#)