

Pre-Exposure Prophylaxis (PrEP) and Post Exposure Prophylaxis (PEP)

PACE & ID Clinic

Background

- In 2017, 3,361 individuals were living with HIV/AIDS in Santa Clara County. 156 new cases.
- Pre-exposure prophylaxis (PrEP), the provision of medication prior to HIV exposure serves as a powerful tool for HIV prevention.
- Post-Exposure Prophylaxis (PEP) is an additional strategy for HIV prevention wherein daily medications are initiated after HIV exposure to prevent HIV infection. PEP must be started within 72-hours to be effective as efficacy wanes as time passes from the exposure event.
- Although PEP and PrEP are highly effective HIV prevention strategies, stigma related to sexual/gender identity as well as challenges with access to medical care and/or provider comfort with assessing and managing a patient's sexual health have limited utilization.

New Service

- PACE clinic is committed to getting to zero new HIV infections and ending the AIDS epidemic. We've created a separate department utilizing existing PACE facilities and staff to focus solely on prevention of HIV within Santa Clara County, the PACE – PrEP/PEP clinic.
- PrEP/PEP clinic will initiate or facilitate access to and follow up for PEP as per CDC guidelines for patients who are identified while the clinic is open.
- Patients or providers contacting the clinic for PEP when the clinic is closed will be referred to an emergency room for medical evaluation and PACE will attempt to follow up with the patient or provider the next business day to facilitate PEP access, follow up and assessment/transition to PrEP.

Assessment

- Who needs PrEP?
 - The CDC recommendation is **anyone who**:
 - ✓ Are HIV negative in an ongoing sexual relationship with an HIV positive partner
 - ✓ Isn't in a mutually monogamous* relationship with a partner who recently tested HIV-negative, *and*
 - ✓ is a gay or bisexual man who has had anal sex without using a condom or been diagnosed with an STD in the past 6 months, *or*
 - ✓ Is a heterosexual man or woman who does not regularly use condoms during sex with partners of unknown HIV status who are at substantial risk of HIV infection (for example, people who inject drugs or women who have bisexual male partners).
 - ✓ **Has injected drugs** in the past 6 months and have shared needles or works or been in drug treatment in the past 6 months.
- Who needs PEP?
 - Anyone who are HIV negative or don't know their HIV status, and in the last 72 hours may:
 - ✓ Have been exposed to HIV during sex
 - ✓ Shared needles and works to prepare drugs
 - ✓ Were sexually assaulted

Referral

The new department is now live on HealthLink (11/15/2019). It is called **MPC PREP CLINIC**. Place referral order as "AMB REFERRAL TO PREP CLINIC". At least ONE of the following criteria is appropriate for referral to the PACE PrEP Clinic:

The screenshot shows the 'Reason for Referral' section of an Epic referral form. The priority is set to 'Routine'. The form includes a list of criteria for referral, each with a checkbox. The criteria are: Requests PrEP, Prescribed PEP, Currently on Previously on PrEP, Condomless sex with men, HIV+ partner, Frequent bacterial STI, IDU or stimulant abuse, Commercial sex work, M --> F transgender, Patient reports recent potential exposure to HIV, and Other. The 'Comments' section is at the bottom with a text area and a 'SmartText' button.

Priority: ☐ Routine ☐ Urgent ☐ Elective

Reason for Referral:

Any patient judged by provider to potentially benefit from PrEP and meeting AT LEAST ONE of the following is appropriate for referral to the PACE PrEP/PEP Clinic:

☐ Requests PrEP ☐ Prescribed PEP ☐ Currently on Previously on PrEP ☐ Condomless sex with men ☐ HIV+ partner

☐ Frequent bacterial STI ☐ IDU or stimulant abuse ☐ Commercial sex work ☐ M --> F transgender

☐ Patient reports recent potential exposure to HIV ☐ Other

Comments:

The screenshot shows the 'Schedule' view in Epic. The date is set to Nov 15, 2019. The department is 'MPC PREP Department (All Providers)'. The schedule shows a grid of dates from Nov 27 to Nov 30. The 'MPC PREP' department is selected in the 'My Schedule' dropdown.

Epic Schedule In Basket Chart Questionnaires References Open Orders Patient CRM

Open Slots Chart Show Orders Order Entry Enter/Edit Results Sign Encounter Print AYS

Nov 15, 2019 Today MPC PREP Department (All Providers)

M ▲ Appt Status Patient

Su	Mo	Tu	We	Th	Fr	Sa
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7

Dept: MPC PREP

+ Create

My Schedule

MPC PREP

If your patient requires PEP and is available to you currently on the phone or in person, please INITIATE PEP IMMEDIATELY AND BEFORE referring to PACE clinic. PEP should NOT be delayed under any circumstance as efficacy wanes from the moment of exposure and by 72-hours efficacy is negligible. If urgent consultation is needed during clinic hours please contact PACE clinic at 408 885 4690 or if after clinic hours, the UCSF PEP line at 888 448 4911.

Coverage

Daily Truvada for PrEP or for PEP is covered by most insurance plans including Medi-Cal, Valley Health Plan, and Medicare Part D. Insurance companies in California are restricted by law from requiring prior authorization for PrEP. For uninsured patients the manufacturer of Truvada offers assistance that can be setup within 5-minutes.