

## Plastic & Orthopedic Surgery Hand Trauma Consultation Flow Sheet

**Odd days Ortho/Even days Plastics**

**Exceptions listed below**

*Day starts at 7am*

### **Hand Lacerations with or without Tendon or Nerve Injury**

- Irrigation and skin closure → volar splint → PLASTICS clinic f/u within 1 week

### **Closed Hand Fractures (Metacarpals and Phalanges)**

- Thumb → thumb spica splint → clinic f/u within 1 week
- IF, MF → radial gutter splint → clinic f/u within 1 week
- RF, SF → ulnar gutter splint → clinic f/u within 1 week
- Multiple digits → volar splint → clinic f/u within 1 week

### **Open Hand Fractures**

- Irrigation → skin closure → splint as above → clinic f/u within 1 week

### **Volar Joint Dislocations**

- If reducible → splint as above → clinic f/u within 1 week
- If unreducible → *page resident on call for hand trauma*

### **Dorsal Joint Dislocations**

- If reducible → splint as above → clinic f/u within 1 week
- If unreducible → *page resident on call for hand trauma*

### **Finger Amputations or Devascularized Fingers and Hands**

- Contact replantation center (Buncke Clinic or Stanford Hospital)

### **Carpal Fractures**

- Scaphoid → thumb spica splint → ORTHO clinic f/u within 1 week
- Non-scaphoid → volar splint → ORTHO clinic f/u within 1 week

### **Carpal Dislocations**

- *Page ORTHO resident on call*

### **Hand/ Finger Infections-** requiring admission or follow-up

- *Page resident on call for hand*

*Please Fax a copy of the referral to the appropriate clinic as follows:*

*Ortho clinic: 885-7080*

*Plastic Clinic: 885-3036*

*We will arrange follow-up once the insurance authorization has been obtained.*